

Online Friday Morning Prayer, April 4, 2025
Friday after the Fourth Sunday in Lent

Martin Luther King, Jr., Pastor and Martyr (1968)

Opening Sentence

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. *1 John 1:8, 9*

Confession of Sin

Officiant

Let us humbly confess our sins to Almighty God.

E hō'ike ha'aha'a aku kākou i ko kākou mau hewa i ke Akua Mana Loa.

show humbly forth we our pl. sins to God mana great

Silence is kept.

Responder:

Almighty and most merciful Father:

We have erred, and strayed from thy ways like lost sheep.

We have followed too much the devices and desires of our own hearts.

We have offended against thy holy laws.

We have left undone those things which we ought to have done;

And we have done those things which we ought not to have done;

But thou, O Lord, have mercy upon us,

Spare thou those, O God, who confess their faults.

Restore thou those who are penitent;

According to thy promises declared unto mankind in Christ Jesus our Lord.

And grant, O most merciful Father, for his sake;

That we may hereafter live a godly, righteous, and sober life,

To the glory of thy holy Name. 'Āmene.

Officiant

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. 'Āmene.

E aloha ke Akua Mana Loa iā kākou, e huikala i ko kākou mau hewa a pau ma o ko kākou Haku 'o Iesū Kristo, e ho'omana aku iā kākou i ka pono a pau, a ma ka mana o ka 'Uhane Hemolele, e mālama aku iā kākou i ke ola mau loa. 'Āmene.

The Invitatory and Psalter

Officiant ∿ O Lord, open thou our lips.

Responder ∿ And our mouth shall show forth thy praise.

Officiant ∿ Glory to the Father, and to the Son, and to the Holy Spirit:

Responder ∿ As it was in the beginning, is now, and will be forever.

‘Āmene. [no Alleluia during Lent]

Invitatory

Venite exultemus Domino

Psalm 95:1–7

Antiphon for Lent:

The Lord is full of compassion and mercy: Come let us adore him.

O come, let us sing unto the Lord; *

let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving, *

and show ourselves glad in him with psalms.

For the Lord is a great God, *

and a great King above all gods.

In his hand are all the corners of the earth, *

and the strength of the hills is his also.

The sea is his and he made it, *

and his hands prepared the dry land.

O come, let us worship and fall down *

and kneel before the Lord our Maker.

For he is the Lord our God, *

and we are the people of his pasture

and the sheep of his hand.

O worship the Lord in the beauty of holiness; *

let the whole earth stand in awe of him.

For he cometh, for he cometh to judge the earth, *

and with righteousness to judge the world

and the peoples with his truth.

The Psalm

Psalm 77:11–20

- 11 I will call to mind the deeds of the Lord;
yea, I will remember thy wonders of old.
- 12 I will meditate on all thy work,
and muse on thy mighty deeds.
- 13 Thy way, O God, is holy.
What god is great like our God?
- 14 Thou art the God who workest wonders,
who hast manifested thy might among the peoples.
- 15 Thou didst with thy arm redeem thy people,
the sons of Jacob and Joseph.
- 16 When the waters saw thee, O God,
when the waters saw thee, they were afraid,
yea, the deep trembled.
- 17 The clouds poured out water;
the skies gave forth thunder;
thy arrows flashed on every side.
- 18 The crash of thy thunder was in the whirlwind;
thy lightnings lighted up the world;
the earth trembled and shook.
- 19 Thy way was through the sea,
thy path through the great waters;
yet thy footprints were unseen.
- 20 Thou didst lead thy people like a flock
by the hand of Moses and Aaron.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. *‘Āmene.*

The Lessons

First Lesson

Exodus 3:7-12

Reader: A reading from the Book of Exodus:

Then the Lord said, ‘I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their

sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.' But Moses said to God, 'Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?' He said, 'I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.'

Reader: Here endeth the Lesson.

Silence is kept.

The First Canticle

A Song of Jonah *Clamavi de tribulatione mea*
(Canticle I. Jonah 2:2–7,9, adapted, based on RSV)

I called to the Lord, out of my distress, and he answered me; *
 out of the belly of Sheol I cried, and thou didst hear my voice.
 For thou didst cast me into the deep, into the heart of the seas, *
 and the flood was round about me;
 all thy waves and thy billows passed over me.
 Then I said, "I am cast out from thy presence; *
 how shall I again look upon thy holy temple?"
 The waters closed in over me, the deep was round about me; *
 weeds were wrapped about my head at the roots of the mountains.
 I went down to the land whose bars closed upon me for ever; *
 yet thou didst bring up my life from the Pit, O Lord my God.
 When my soul fainted within me, I remembered the Lord; *
 and my prayer came to thee, into thy holy temple.
 With the voice of thanksgiving, I will sacrifice to thee; *
 what I have vowed I will pay. Deliverance belongs to the Lord!

The Second Lesson

Luke 6:27–36

Reader: A reading from the Gospel of Luke:

‘But I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

‘If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

Reader: Here endeth the Lesson.

Silence is kept.

The Second Canticle
A Song of the Heavenly City
(Canticle O. Revelation 21:22–26, 22:1–4)

I saw no temple in the city, *
 for its temple is the God of surpassing strength and the Lamb.
And the city has no need of sun or moon to light it, *
 for the glory of God shines on it, and its lamp is the Lamb.
By its light the nations shall walk, *
 and the rulers of the world lay their honor and glory there.
Its gates shall never be shut by day, nor shall there be any night; *
 into it they will bring the honor and glory of nations.
I saw the clean river of the water of life, bright as crystal, *
 flowing from the throne of God and of the Lamb.
The tree of life spanned the river, giving fruit every month, *
 and the leaves of the tree were for the healing of nations.
All curses cease where the throne of God and the Lamb stands,
and all servants give worship there; *
 there they will see God's face, whose Name shall be on their foreheads.

Reading: Martin Luther King, Jr.

The Apostles' Creed

I believe in God, the Father almighty,
 maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
 who was conceived by the Holy Ghost,
 born of the Virgin Mary,
 suffered under Pontius Pilate,
 was crucified, dead, and buried.
 He descended into hell.
 The third day he rose again from the dead.
 He ascended into heaven,
 and sitteth on the right hand of God the Father almighty.
 From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. 'Āmene.

The Prayers

Officiant E noho pū ka Haku me 'oukou.
Responder A me kou 'uhane.
Officiant E pule kākou.

The Lord's Prayer *BCP p. 54* **Ka Pule a ka Haku**

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth
as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. 'Āmene.

E ko mākou Makua i loko o ka lani
e ho'āno 'ia kou inoa;
e hiki mai kou aupuni;
e mālama 'ia kou makemake
ma ka honua nei
e like me ia i mālama 'ia ma ka lani lā.

E hā'awi mai iā mākou i kēia lā
i 'ai na mākou no nēia lā.

E kala mai ho'i iā mākou
i kā mākou lawehala 'ana,
me mākou e kala nei
i ka po'e i lawehala i kā mākou.

Mai ho'oku'u 'oe iā mākou
i ka ho'owalewale 'ia mai,
akā, e ho'opakele nō na'e
iā mākou i ka 'ino.

No ka mea, nou ke aupuni,
a me ka mana, a me ka ho'onani 'ia
a mau loa aku. 'Āmene.

Suffrages *Ostende nobis**The Hymnal 1982 S22*

- V O Lord, show thy mercy up• ón us;
 R And grant us thy sal• vátion.
 V Endue thy ministers with • ríghteousness;
 R And make thy chosen people • jóyful.
 V Give peace, O Lord, in all • the wórld;
 R For only in thee can we live in • sáfety.
 V Lord, keep this nation un• der thy cáre;
 R And guide us in the way of jus• tice and trúth.
 V Let thy way be known • upon éarth;
 R Thy saving health among all • nátions.
 V Let not the needy, O Lord, be for• góttén;
 R Nor the hope of the poor be tak• en awáy.
 V Create in us clean • héarts, O God;
 R And sustain us with thy Holy • Spírit.

*The Collect of the Day**Officiant*

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. ‘*Amene*.

The Seasonal Collect

Almighty and everlasting God, who hatest nothing that thou hast made and dost forgive the sins of all those who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. ‘*Amene*.

Martin Luther King, Jr.

Almighty God, who by the hand of Moses thy servant didst lead thy people out of slavery, and didst make them free at last: Grant that thy church, following the example of thy prophet Martin Luther King, may resist oppression in the name of thy love, and may strive to secure for all thy children the blessed liberty of the Gospel of Jesus Christ; who liveth and reigneth with thee and the Holy Ghost, one God, now and for ever. ‘*Amene*.

A Prayer for Mission

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. *Āmene.*

Intercessions and thanksgivings

Officiant I invite your intercessions and thanksgivings, silently or aloud.
[...]
Officiant Lord, in thy mercy,
All Hear our prayer.

Prayers of the people

A Prayer for the Oppressed BCP p. 826

Look with pity, O heavenly Father, upon the people in this land who live with injustice, terror, disease, and death as their constant companions. Have mercy upon us. Help us to eliminate our cruelty to these our neighbors. Strengthen those who spend their lives establishing equal protection of the law and equal opportunities for all. And grant that every one of us may enjoy a fair portion of the riches of this land; through Jesus Christ our Lord. *Āmene*

A Prayer for Social Justice BCP p. 209

Almighty God, who created us in thine own image: Grant us grace fearlessly to contend against evil and to make no peace with oppression; and, that we may reverently use our freedom, help us to employ it in the maintenance of justice in our communities and among the nations, to the glory of thy holy Name; through Jesus Christ our Lord. *Āmene.*

Closing Hymn *Hīmeni Hope*

Ho'omaika'i i ka Makua, ke Akua o kākou;
Praise the Father, God of us
 Hāpai i ke Keiki, i kona like nō;
Carry/exalt the son, likewise indeed
 Ho'onani i ka 'Uhane, ke Akua ho'oma'ema'e
Praise the Spirit, God cleansing
 Ho'okahi Haku nani, ke Akua e ola ai
One Lord glorious, God who lives

A Prayer of St. Chrysostom

Responder

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee, and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, the desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting.

All (unmuted): **'Āmene.**

Officiant: Let us bless the Lord!

All (unmuted): **Thanks be to God!**

Officiant

The peace of God, which passeth all understanding, keep our hearts and minds in the knowledge and love of God, and of His Son, Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit be amongst us, and remain with us always.

All (unmuted): **'Āmene.**

Martin Luther King, Jr., Pastor and Martyr (1968)

Martin Luther King, Jr., was born on January 15, 1929, in Atlanta. As the son and grandson of Baptist preachers, he was steeped in the Black Church tradition. Following graduation from Morehouse College in 1948, King entered Crozer Theological Seminary, having been ordained the previous year into the ministry of the National Baptist Church. He graduated from Crozer in 1951 and received a doctorate in theology from Boston University in 1955.

In 1954, King became pastor of a church in Montgomery, Alabama. There, Black indignation at inhumane treatment on

segregated buses culminated in December 1955, in the arrest of Rosa Parks for refusing to give up her seat to a white man. King was catapulted into national prominence as the leader of the Montgomery bus boycott. He became increasingly the articulate prophet, who could not only rally the Black masses, but could also move the consciences of Whites.

King founded the Southern Christian Leadership Conference to spearhead non-violent mass demonstrations against racism. Many confrontations followed, most notably in Birmingham and Selma, Alabama, and in Chicago. King's campaigns were instrumental to the passage of the Civil Rights Acts of 1964, 1965, and 1968. King then turned his attention to economic empowerment of the poor and to opposition to the Vietnam War, contending that racism, poverty, and militarism were interrelated. He was awarded the Nobel Peace Prize in 1964 for his commitment to non-violent social change.

King lived in constant danger: his home was dynamited, he was almost fatally stabbed, and he was harassed by death threats. He was even jailed thirty times; but through it all he was sustained by his deep faith. In 1957, he received, late at night, a vicious telephone threat. Alone in his kitchen he wept and prayed. He relates that he heard

the Lord speaking to him and saying, "Martin Luther, stand up for righteousness, stand up for justice," and promising never to leave him alone—"No, never alone." King refers to his vision as his "Mountain- Top Experience."



After preaching at Washington Cathedral on March 31, 1968, King went to Memphis in support of sanitation workers in their struggle for better wages. There, he proclaimed that he had been “to the mountain- top” and had seen “the Promised Land,” and that he knew that one day he and his people would be “free at last.” On the following day, April 4, he was cut down by an assassin’s bullet.

Lesser Feasts and Fasts 2022

St. Christopher's Episcopal Church,
Kailua
Online Friday Morning Prayer

Every Friday via Zoom
The meeting is open from 8:45 am.
Prayer starts at 9:00 am and lasts
about half an hour.

Zoom Meeting ID: 834 0666 8198
Passcode: 389600



Join Zoom Meeting

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